



First, we would like to thank you for choosing us to treat your veins. We would like to make your visit as informative as possible. With this in mind, this letter should give you some idea of what will take place at your first visit. Please read the information carefully to better understand this process.

When you arrive, one of our staff members will get you in a room and take photos of the veins that are bothering you. We have shorts available to make you as comfortable as possible. Feel free to bring your own if you would like. You will then meet your surgeon. He will examine your veins and answer any questions you may have.

We use different treatments depending on the size of your veins. If you have bulging veins, varicose veins, your doctor will probably order an ultrasound. Our specialized ultrasounds are performed in several locations and can often be performed the same day as your appointment. This could take up to an hour so plan accordingly. If you need to have your ultrasound done on a different day, we will be happy to schedule a time that is convenient for you. Having the ultrasound will give your physician the information he needs to provide the best service for you. If your physician decides you need laser ablation of your varicose veins and you have insurance coverage, all require that you wear medical grade support hose for a **minimum** of 3 months prior to getting approval for procedure recommended. We will file your request for coverage and explain the process to you at any time.

Spider veins are different. These are smaller in size and usually do not require the patient to have an ultrasound. The next step would be either sclerotherapy (injection treatment) or laser therapy. This is rarely covered by insurance. If time allows, we could possibly do this on your first visit. You will need to know what this involves before proceeding. We will ask that you stay out of the sun, tanning beds, and hot tubs for 4-6 weeks. Also, your legs will look worse before they get better. Your veins will be inflamed after your treatment and then go through different color changes. This is the normal process, but good to know before you plan a vacation or time that you will want to wear shorts. Compression is also a key element in achieving good results. We will put medical grade compression stockings on you before you stand up after your treatment. We do have those available here for your convenience. If you are interested in having this done on your first visit, please let us know so we can schedule your time appropriately.

We look forward to seeing you.  
**Please call if you have any questions**  
**615-269-9007**